

About Volunteer Centre Tamworth

What does the Volunteer Centre provide?

It recruits and places anyone interested in volunteering, and it supports organisations that work with volunteers.

Who can use the service?

Anyone who is interested in volunteering! And organisations who work with, or would like to work with volunteers.

Who can Volunteer?

Anyone! - Volunteers come in all shapes and sizes, from all backgrounds and from all age groups. Everyone has something to offer.

What can I do?

Volunteers can do almost anything! You could work with:

- Older people
 - Younger people
 - Children
 - People with disabilities
 - People with health problems
 - People who need a friend
 - Animals
- OR**
- In the environment
 - On a committee as a trustee
 - At a sports club
 - In a charity shop
 - In a museum, theatre or with an organisation like the National Trust

What is volunteering?

Volunteering is anything you do that helps other people or the general community beyond your own family, so long as you do it because you choose to, and not for financial gain.

Volunteers make an essential contribution to all aspects of community life.



You can use or develop skills in:

- Befriending
 - Administration
 - Finance
 - Listening
 - Mediating
 - Counselling
 - DIY
 - Gardening
 - Conservation
 - Arts and Crafts
-and more besides!

You can find Volunteer Centre
Tamworth at 8 Aldergate,
Tamworth, B79 7DL

Why Volunteer?

There are many good reasons to volunteer - the most important one is because you want to.

You may want to:

- Make a difference
- Develop or learn new skills
- Gain new experience
- Meet a new challenge
- Explore new ideas and areas of life
- Help someone
- Make new friends
- Keep busy
- Have fun!!!

When can I visit Volunteer Centre Tamworth?

Opening times are Monday to Friday 9:30am - 3:30pm. Confidential interviews are held on a one-to-one basis. Individual appointments will be arranged.

How much will it cost?

Nothing, all Volunteer Centre services are free.



How much time must I give?

It's up to you -

- An hour or so every now and again
- A few hours regularly each week
- One weekend a month
- Full time
- Day or night

You can volunteer to suit you.

For more information please contact:

Marri Griffin, Volunteering Officer
m.griffin@volunteercentretamworth.org.uk

Rebecca Downes, Administrator
info@volunteercentretamworth.org.uk

Michelle Meacham, Volunteer Centre Manager
m.meacham@volunteercentretamworth.org.uk

Or telephone: 01827 736090

